

**Otterbein Retirement
Living Community**

20311 Pemberville Rd.
Pemberville, Ohio 43450
Phone: 419-833-7000
Fax: 419-833-5763
Email: www.otterbein.org

Enjoy the Sweet Life.

New Moves....

We Welcome:

Wilma Leonard

511 Lilac Court



Your Resident Council

- President** Ruth Floyd
Vice President Lucille Nuhfer
Secretary Ruth Ann Manges
Treasurer Alice Ault
Asst. Treasurer Thelma Thompson
Board Representatives Frank Stumpf (2012)
 Arlene Layman (2014) Ruth Ann Manges (2015)
Committee Chairmen:

- Act-Well
 Administrative Ruth Ann Manges
 Campus Impr. Dean Ruemmele
 Hospitality Elaine Mollencopf
 Library Joanne Buck
 Spiritual Nurture Murel Harpel



Court and Apartment Representatives:

- Lilac-** **Rose-**
Orchid- **Tulip-**
Sunflower- Sandy Bauer
Carnation Apartments- Dorothy Moehlenkamp & Janis Wallace

If you haven't signed up for an Independent Living Resident Committee for the upcoming year, please contact Ruth Ann Manges.

Committees:

- Act-Well
 Administrative
 Campus Improvement
 Hospitality
 Library
 Spiritual Nurture

**IL RESIDENT COUNCIL
MEETING**

Tuesday, January 3, 2012

12:30pm

In the Auditorium

*Shuttle service provided
to and from your villa.*

Sign up at the 700 Hall table.



What's Happening

Otterbein Retirement Living Community

January 2012

Big Band Era Guest Speaker

Thursday, January 12 at 6:30pm



Don't miss Larry Wagner speaking about the Big Band Era. Enjoy the sounds from the era that he'll be sharing with us. This talk is part of our Educating Minds series. Doors open at 6:00pm. Shuttle service is available. Please sign up in the book on the table in the 700 Hall.

WANTED:

IN HOUSE MAIL DELIVERY PERSONNEL

If you are interested in volunteering for in-house mail delivery, please contact Michele Kipplen at 419-833-8936 or mkipplen@otterbein.org. Training will be provided.



HEALTH CHECKS

Check out new day and time!

Health Checks are a service provided for all Independent Living Residents. They will be on Thursdays once a month.



Come get your blood pressure, weight, and heart rate checked on Thursday, January 5 from 12:15pm-1:15pm in the library. Shuttle service available afterwards.

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Residents get a chance to bring something to tell about if they wish. Everyone will be given ten minutes to show/talk.

Join us on Wednesday, January 11th for our next "Show and Tell" in the library.

Massage Therapist available to OPV Residents

Sharon Willard, Licensed Massage Therapist, will be taking appointments for Portage Valley residents. She will be here this month on **Friday, January 20th.**



\$45 for a full body massage. Chair massage is \$1.00 per minute. 15 minute minimum.

A sign up sheet is on the clipboard on the table in the 700 Hall.

Writing Group

Thursday, January 12 2:00pm Bowlus Life Enrichment Center

The Writing Group will meet Thursday, January 12 in the BLEC. Jan Barley will lead a discussion on writing and the group will have an opportunity to write and to share if they choose. Jan will bring a set of haiku cubes to play with in case anyone wishes to use what they learned in Daniel Coston's presentation on Dec. 26th. Anyone who is interested is welcome to join the group.



VETERANS BENEFITS SEMINAR

Do you wonder what it takes to qualify for Veterans Aid & Attendance benefits? What wars and years are covered? What does it take to qualify for spouse benefits?

By popular request, Certified Elder Law Attorney Phil Wylkan will host a seminar about Veterans Aid & Attendance benefits and other senior law concerns on Tuesday, January 17 at 1:30pm in the Auditorium.

Residents: Please RSVP with the front desk.



Around Town Opportunities

Every Tuesday, **SHOP PEMBERVILLE**— Van leaves at 9:00 am.

The Van makes stops at the IGA store and upon request other stops at stores in town. This service is provided courtesy of Faith United Methodist Church volunteer drivers.

Monday, January 2—9:00am— Men's Breakfast Out-\$ NEW YEAR'S CELEBRATION

Monday, January 2—12:30pm—Dinner and a Movie-\$ NEW YEAR'S CELEBRATION

Thursday, January 5—9:30am— Ladies' Breakfast Out-\$—Cracker Barrel in Perrysburg

Wednesday, January 11—1:30pm--Meijer's Shopping-\$—IL/N Meijer's in Bowling Green

Saturday, January 14—4:15pm—FUMC Dinner Outing-\$

Monday, January 16—10:30am—Lunch Bunch outing-\$—Shorty's BBQ and Roadhouse, Monroe Street

Thursday, January 19—11:00am—Ladies' Day Out-\$—Tea Retreat, a new business in downtown Pemberville. We will enjoy a "tea" bar, soup and finger sandwiches. \$8 per person

Friday, January 20—9:30am--Belly Dancing Class at Walbridge Senior Center—
Free class from 10:30-11:30am

Monday, January 23—5:00pm—Dinner Out-\$—China Restaurant in Bowling Green

Wednesday, January 25—9:00am—Men's Day Out-\$—Going to the Huntington Center to watch the Walleye Hockey Team practice and then out to lunch.

Saturday, January 28—8:00am— Men's Breakfast Out-\$

Saturday, January 28—12:30pm—Dinner and a Movie-\$

Tuesday, January 31—5:45pm—Concert at the Manor House—Free concert—Oboe students of Dr. Jacqueline Leclair

IL outing sign up sheets for off campus events are located in the 700 Hall of the main building across from the gifts shop. Please make sure you sign up for outings to ensure your seat on the bus or van. All outings are weather permitting and subject to change.

SPECIALTY LUNCHES

11:00 am—1:00 pm in the
IL Bouquet Dining Room

Friday, January 6: Chinese

Monday, January 16: Philly Cheese Steak Sandwich

Wednesday, January 18: Seafood

Friday, January 27: Steak

*If you are not on the meal plan,
please purchase your ticket from Sandy at the front desk!*



Join us for Kitchen Talk on

Wednesday, January 18

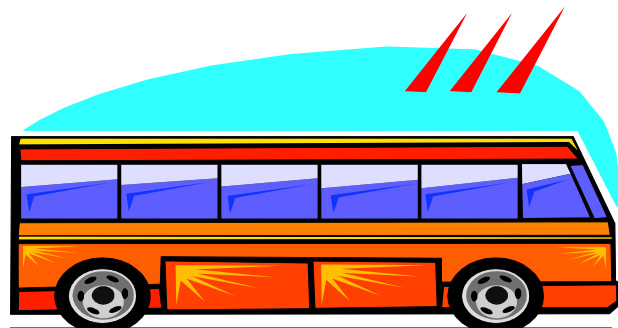
At 12:30pm in the Bouquet Dining Room

OFF CAMPUS OUTINGS

All off campus activities must have a minimum of five (5) residents signed up in order for that outing to take place. All outings are subject to change.

IN HOUSE ACTIVITIES

Many activities have sign up sheets in order for us to get a count to serve you better. Please remember to sign up for those activities on the clipboard on the table in the 700 Hall. There will be a place to check if you'd like shuttle service to the activity.



All Outings are Weather Permitting

Cancellation Policy: Activity Outings will be cancelled if Eastwood Schools are cancelled for the day due to weather conditions. Evening Program Outings will be determined based on weather conditions.

HEALTH & WELLNESS

Health Checks will now be on **THURSDAYS** from **12:15-1:15pm** in the **library**. The decision was made to provide Health Checks to our residents one day per month, due to the lack of attendance. This will be re-evaluated again in the spring. There will be shuttle service available afterwards to your villas.

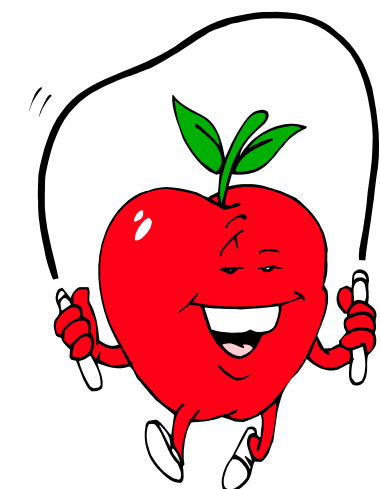
NEW! Yoga will begin on Wednesdays at 11:00am in the auditorium with Kim and on Friday mornings at 9:00am with Karen. Join us for this 45 minute yoga class. \$1.00 per person per class.

Strength and Balance meets on Mondays at 11:00am and Thursdays at 9:00am in the auditorium. Many of the exercises are done sitting in a chair with primary focus on exercises to encourage strength/flexibility/balance for everyday needs. We use hand weights for a portion of this class.

Water Aquatics are on Mondays (4:30-5:30pm), Wednesdays (4:30-5:30pm), and Fridays (2:30-3:30pm) at the Therapy Pool at Wood Lane in Bowling Green. Cost is \$1 paid each visit at the pool. **We will be providing Otterbein Portage Valley transportation on Fridays—Pickup time is 1:40pm — sign up in the book in the 700 Hall. Remember—we need five signed up in order to provide transportation. Weather permitting.**



Nu-Step and Treadmills are available for use everyday from 7:00am until 9:00pm. Please take advantage of these wonderful workout machines. Please sign the workout attendance sheet each time you use the equipment.



Happy Birthday !

The January IL Monthly Birthday Party will be on **Monday, January 9th** at **1:00 p.m.** in the Bowlus Life Enrichment Center



We welcome all of our Independent Residents to attend our monthly birthday parties! Beginning this month, all who are celebrating their birthday in January and attend the birthday party on January 9, will be put into a drawing for Birthday Bucks! Please plan on attending so we may wish you a Happy Birthday!

JANUARY BIRTHDAYS

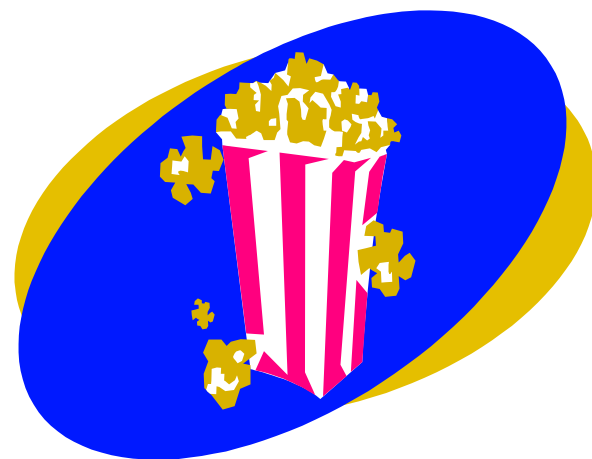
- 1-01: Marty Stumpf
- 1-11: Hope Long
- 1-12: Vincent Wilczynski
- 1-22: Bill Elvey
- 1-23: Fred Wallington
- 1-28: Doris Pylant
- 1-29: Ruth Vogtsberger

MOVIE AND POPCORN

Tuesday, January 17
6:30 pm

In the Auditorium
Movie to be Announced

Shuttle Service Available
Sign up in the book



Buddy Billiards

BUDDY BILLIARDS is on Saturday mornings, 8:30-10:00 am and 10:00-11:30 am. Pool may be played at any other times when there is not an activity planned in the BLEC.

BOBBLE BALL is on Thursdays at 10:00 am in the Bowlus Life Enrichment Center.

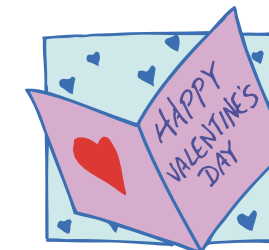


Card Making with Michele

Monday, January 23

In the Bowlus Life Enrichment Center at 1:00pm

Creating Valentine's Cards



Nifty Knitters

Monday, January 16

Bowlus Life Enrichment Center

at 12:30pm.



BOOK CLUB

The next Book Club meeting will be on January 10th

at 10:00am

Bowlus

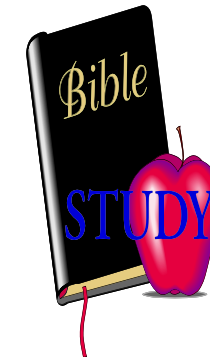
Life Enrichment

Center



Bible Study meets every Friday at 10:00 am in the Atrium Conference Room.

Bible Study is lead by resident Ruth Floyd.



Euchre

Tuesdays in the BLEC

at 2:00 pm

Fridays in the BLEC

at 6:30 pm

Pinochle

Wednesdays

In the BLEC

At 2:00 pm



Scrabble

Fridays at 12:30 pm

BLEC

Game Time

Wednesdays at 10:00 am

BLEC