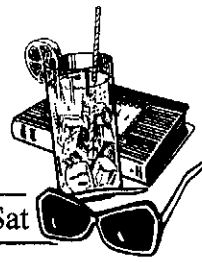




TUESDAYS & THURSDAYS AT OAKWOOD CENTER: 1:30 Zumba Gold Exercise

August 2010

GRANDMA'S ATTIC IS OPEN FRIDAYS FROM 2:00-4:00 P. M.



Sun Mon Tue Wed Thu Fri Sat

1 10:00 Catholic Service 11:00 Worship 7:00 Vespers	2 11:00 Exercise 1:00 Bingo	3 9:30 Resident Council 10:30 Swan Exercise 11:00 Exercise 1:00 Coupon Clipping 1:15 Cards & Games	4 8:00 Men's Breakfast at Waffle House-Wapakoneta 10:00 B. Study 11:00 Exer 1:00 Protestant Communion 1:30 Movie 2:00 Painting Class 2:30 Catholic Mass	5 10:30 Swan Exercise 11:00 Exercise 12:30-3:30 Bank 1:00 Crafts	6 9:00 Shopping-Kroger 9:30 Catholic Service-AL 11:00 Exercise 6:30 Oakwood & Swan Fun Nights	7 		
8 10:00 Catholic Service 11:00 Worship 7:00 Vespers	9 11:00 Exercise 1:00 Bingo 1:00-2:00 Drop Off Items at Grandma's Attic 1:15 Beach Ball Volleyball	10 10:30 Swan Exercise 10:30 St. Marys Library 11:00 Exercise 1:00 Coupon Clipping 1:15 Cards & Games	11 11:00 Exercise 1:15 Art Show-St. Marys Library 1:30 Movie 2:00 Painting Class	12 10:30 Swan Exercise 11:00 Exercise 12:30-3:30 Bank 1:00 Crafts 2:30 Shopping-St. Marys Sq. 6:00 AC Swing Band in St. Marys Park 	13 9:00 Shopping-Pantry Pride 9:30 Catholic Service-AL 11:00 Exercise 6:30 Oakwood & Swan Fun Nights	14 3:00 Pick Up Residents to Ride on Golf Carts in SummerFest Parade 		
15 10:00 Catholic Service 11:00 Worship 7:00 Vespers	16 11:00 Exercise 1:15 Fireside Chat 	17 8:00 Ladies Breakfast at Bob Evans-Celina 10:30 Swan Exercise 11:00 Exercise 1:00 Coupon Clipping 1:15 Cards & Games	18 10:00 Bible Study 11:00 Exer 1:00 Spiritual Life Committee 1:15 Beach Ball Volleyball 1:30 Movie 2:00 P'nting Cl 2:30 Catholic Communion 2:30 ATT-Kuhlman's Alaska Trip	19 9:30 PAC 10:30 Swan Exercise 11:00 Exercise 11:00 Health/Wellness Comm. 12:30-3:30 Bank 1:00 Crafts 6:30 Susie Que's Square Dancers Under theTent	20 9:00 Shopping-Kroger 9:30 Catholic Service-AL 11:00 Exercise 6:30 Oakwood & Swan Fun Nights	21 FISH FRY 11:00 AM-3:00 PM		
22 10:00 Catholic Service 11:00 Worship 7:00 Vespers	23 11:00 Exercise 1:00 Bingo 3:00 Administrative Comm.	24 10:15 Library Committee 10:30 Swan Exercise 11:00 Exercise 1:00 St. Marys Library 1:00 Coupon Clipping 1:15 Cards & Games 4:30 Dine-Packard Grill-Lima	25 11:00 Exercise 1:30 Movie 2:00 Painting Class 3:00 Social Committee 3:00 Swan Apartment Coffee	26 10:00 Marketing Committee 10:30 Swan Exercise 11:00 Exercise 12:30-3:30 Bank 1:00 Crafts 2:00 Shopping at Ald & Wal-Mart	27 9:00 Shopping-Pantry Pride 9:30 Catholic Service-AL 11:00 Exercise 6:30 Oakwood & Swan Fun Nights	28  		
29 10:00 Catholic Service 11:00 Worship 7:00 Vespers	30 10:00 Dietary Committee 11:00 Exercise 1:00 Bingo 1:15 Beach Ball Volleyball	31 10:30 Swan Exercise 11:00 Exercise 1:00 Coupon Clipping 1:15 Euchre in Swan D. Room					FISH FRY 	



August 2010 LUNCH



OTTERBEIN ST MARYS
Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Turkey Breast Mashed Potatoes with Gravy Italian Green Beans Peanut Butter Pie	2 Sweet & Sour Pork Saute White Rice Cozumel Vegetable Blend Tropical Fruit Salad Cookie	3 Veal Parmesan Spaghetti Noodles Italian Blend Mixed Vegetables Blueberry Pie	4 Salisbury Steak Mashed Potatoes with Gravy Whole Baby Carrots Frosted Gelatin w/Fruit	5 Lemon Chicken Brussels Sprouts Potatoes Au Gratin Vanilla Ice Cream	6 Pork Supreme Mashed Potatoes Brown Gravy California Blend Vegetables Vanilla Ice Cream	7 Dietary Committee Choice Chicken Salad Turkey Salad Ham Salad Fresh Fruit Cup Muffin Broccoli Cheese Soup
8 Roasted Pork Tenderloin Sweet Potatoes California Blend Vegetables Apple Pie	9 Dutch Chicken Red Bliss Potatoes Capri Vegetable Blend Lemon Poppyseed Cake	10 Spaghetti Sauce w/Meat - Spaghetti Noodles Green Beans Chocolate Butterscotch Bars	11 Oven Fried Chicken Mashed Potatoes with Gravy Whl Kernel Corn Frosted Chocolate Cake	12 Pork Chop American Fried Potatoes Carrots Vanilla Ice Cream	13 Tilapia Rice Pilaf Asparagus Vanilla Ice Cream	14 Hamburger Lettuce / Tomato / Onion French Fries Creamed Corn Blueberry Crisp
15 Baked Glazed Ham Scalloped Potatoes Asparagus Spears Chocolate Cream Pie	16 Raspberry Chicken Mashed Potatoes Gravy Carrots Vanilla Pudding Cake	17 Breaded Fish Garden Rice Blend Zucchini & Summer Squash Strawberry Shortcake	18 Macaroni & Cheese w/ Ham Stewed Tomatoes Fruited Gelatin	19 Italian Baked Chicken Potatoes Au Gratin Capri Vegetable Blend Vanilla Ice Cream	20 Lasagna spinach salad Hot Bacon Dressing Vanilla Ice Cream	21 Fish Sandwich Baked Beans American Potato Salad Vanilla Ice Cream
22 Roast Pork Red Bliss Potatoes Sugar Snap Peas Peach Pie	23 Tahitian Chicken White Rice Oriental Vegetable Blend Pie Key Lime	24 BBQ Ribs HC Cheesy Mashed Potatoes Green Beans Frosted Chocolate Cake	25 Braised Beef Tips Egg Noodles Normandy Vegetable Blend Coconut Cream Pie	26 Shrimp Basket Baked Potato Whl Kernel Corn Vanilla Ice Cream	27 Baked Spaghetti Green Beans Vanilla Ice Cream	28 Oven Fried Chicken Oven Browned Potatoes California Blend Vegetables Pineapple Upside Down Cake
29 Roast Beef Mashed Potatoes Brown Gravy Whole Baby Carrots Fruit of the Forest Pie	30 Baked Chicken Seasoned Beans Corn on the Cob Brownies	31 Pork Scaloppini Egg Noodles Green Peas Tossed Salad Pineapple Dream				



August 2010 DINNER



OTTERBEIN ST MARYS
Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chicken Noodle Soup Cold Roast Beef Sandwich Peaches	2 Chunky Vegetable Soup Chicken Salad Sandwich Mixed Fruit	3 Pollock Almondine Baked Potato Crispy Cucumber & Tomatoes Pineapple and Oranges	4 Seasoned Beans w/Ham Bits Paralied Potatoes Blushing Pear Half	5 ... Cream of Tomato Soup Grilled Cheese Sandwich Mixed Fruit	6 Sloppy Joe Steak Fries Carrot Raisin Salad Strawberries	7 Macaroni & Cheese Harvard Beets Honeydew
8 Coney Island Hot Dog Tater Tots Marinated Cucumbers Cinnamon Applesauce	9 Hot Ham Minestrone Soup Red Grapes	10 Salmon Patty White Rice Creamed Peas Peaches	11 Chunky Vegetable Soup Cold Roast Beef Sandwich Lettuce / Tomato / Onion Pickled Beets Fresh Fruit Cup	12 Turkey Shepard's Pie Mashed Potatoes Peaches	13 Grilled Cheese Sandwich Tomato Soup Fruit Cocktail	14 Herb Marinated Chicken Breast Peas & Pearl Onions Pasta Salad Mandarin Oranges
15 Submarine Sandwich Lettuce / Tomato / Onion Broccoli Raisin Salad Watermelon	16 Beef Pot Pie Cauliflower Fried Apples	17 OF Hot Turkey Sandwich Mashed Potatoes Gravy Green Peas Mandarin Oranges	18 Pizza Burger Steak Fries Three Bean Salad Red Grapes	19 Tuna Noodle Casserole Broccoli Pineapple Chunks	20 Cream of Broccoli Soup Saltines Cottage Cheese Plate	21 Sloppy Joe Whl Kernel Corn Potato Salad Blushing Pear Half
22 Tuna Salad Sandwich Potato Chips Pickled Beets Fresh Fruit Cup	23 Cheeseburger Lettuce / Tomato / Onion Sweet Potato Fries Pineapple and Oranges	24 Turkey Vegetable Pie Tossed Salad Cherries Red French Dressing	25 Pancakes Sausage Link Fresh Fruit Cup	26 Pork Patties w/ Garden Salsa Carrots Garden Rice Blend Apricots	27 Beef Stew Creamy Cole Slaw Spiced Applesauce	28 Grilled Ham & Cheese Sandwich Macaroni & Tomatoes Fruit Cocktail
29 Three Bean Soup Saltines BLT Sandwich Peaches	30 Fish Sandwich Boston Clam Chowder Soup Tropical Fruit Salad	31 Cheese Pizza Green Beans Red Grapes				