



"In keeping with our United Methodist tradition we seek to enhance the quality of life and holistic growth of older person."

Otterbein Retirement Living Communities
mission statement

Fact Sheet

Avalon by Otterbein Small House Neighborhoods

"Small House... Big Difference ®"

**AN *AVALON*
by Otterbein
SMALL HOUSE
IS:**

The small house neighborhoods of *Avalon* by Otterbein create a new alternative to traditional nursing care. This new model combines the warmth and companionship of home with all of the skilled clinical services in a residential setting.

A neighborhood within a neighborhood

- [*Avalon* by Otterbein](#) small house neighborhoods look like traditional, suburban neighborhoods with most located in convenient, familiar residential locations.
- Avalon neighborhoods are designed around a cul-de-sac or street of five houses with 10 residents in each house. A total of 50 residents can live in a neighborhood.

A place with all the amenities of a gracious home environment

- A real home. A lovely one-story home that includes an open living-dining room and kitchen, a den and private bedrooms and baths for each resident.
- Features include: great room with a hearth area; open, airy space with large windows; beautiful patio and garden; residential kitchen for cooking favorite recipes; family dining area and a spa/physical therapy room.

A licensed skilled nursing home

- Long-term skilled nursing care
- Rehabilitation and therapy

***Small House...
Big Difference* ®**

***Just about everything... Small House... Big Difference* ®**

Resident centered and relationship based

- First of its kind in Ohio – [*Avalon* by Otterbein](#) leads the nation in the elder care revolution.
- Life at *Avalon* by Otterbein is rooted in a philosophy that recognizes the uniqueness of the individual and honors the universal need for human warmth and companionship.
- A radical departure from the institutional nursing care model that emphasizes frailty and rigid schedules, the specialized, trained small house staff focuses on the residents' quality of life, choice, strength and independence.
- A humanistic philosophy that honors choice, autonomy, dignity and the universal need for human warmth and companionship.

The design of the small house and the location within the community makes the transition for elders leaving their own home easier, and provides the optimal opportunity for family and friends to stay connected.

- The small house eliminates the traditional model of institutional care and takes elders "back home" to their communities.
- The environment is designed to place ultimate value on the wisdom of the elder assistant and his or her close relationship with each resident.
- The small group setting empowers residents and staff to make decisions, which enhance their quality of life and foster a sense of community.

FEATURES:	<p>Both residents and staff appreciate these differences in the small house model:</p> <ul style="list-style-type: none"> • No institutional schedules, meals or routines • Smaller scale environment increases walking and decreases wheelchair dependency • Small numbers of elders – 10 in a home • High elder assistant staffing ratios • Home-cooked meals, including their individual favorite foods • In-house laundry • Recreation and activities customized to each individual • Technology enabled • Decreased bureaucracy • Self-directed work teams
BENEFITS:	<p>Key benefits include:</p> <ul style="list-style-type: none"> • Promotes resident choice and decision-making • Results in better outcomes • Improves quality of life • Improves resident satisfaction • Increases nurse and staff effectiveness • Reduces staff churn • Economically viable alternative
WHERE:	<p>Warren County, Ohio, is now home to three <i>Avalon</i> by Otterbein small house neighborhoods.</p> <ul style="list-style-type: none"> • Avalon by Otterbein at Maineville is opening in late summer in Hamilton Township! A dedication is planned for Aug. 10. Discover the warmth of an Avalon by Otterbein home for yourself! This unique, award-winning approach to skilled nursing care and rehabilitation within a small house environment provides freedom far beyond traditional nursing services and is backed by Otterbein's nearly century-long reputation of delivering exceptional elder care. The Marge and Charles J. Schott Foundation donated \$1 million to this Avalon by Otterbein neighborhood. The entry street was named in their honor. Avalon by Otterbein at Maineville, the newest of five Avalon by Otterbein small house neighborhoods, is located at 201 Marge Schott Way. The GPS address is 7906 South State Route 48, Maineville, 45039. For more information, call 513-267-8592. • Avalon by Otterbein at Atrium opened in February 2009. Located off I-75 at the Middletown exit, this small house neighborhood has the added benefit of being on the new Atrium Medical Center campus. Atrium Medical Center is the newest, state-of-the-art regional medical campus of Premier Health Partners. The campus incorporates trees, a pond and walking trails to create a healing, soothing environment. For more information, call 513-260-7690. • Avalon by Otterbein at Springboro opened in August 2008 and is located off Bunnell Road, just north of Ohio State Route 73, which has an exit off of I-75. The convenient Clearcreek Township location is in the heart of several housing developments, and is only a five-minute drive to the historic town of Springboro, where a six-block section of South Main Street has been placed on the National Register of Historic Places. For more information, call 513-260-7690. <p>These three sites join the two existing Avalon small house neighborhoods in northwest Ohio: Perrysburg, dedicated October 2007, and Monclova, dedicated April 2008.</p>
WHY:	<p>Otterbein's innovative leadership is setting the trend nationally for elders</p> <ul style="list-style-type: none"> • Nearly two million people aged 65+ live in Ohio • Number will skyrocket as Baby Boomers hit retirement age. • By 2030, the growth in the 65-and-older population in Ohio is estimated to be 3.5 times the growth of the nation as a whole, the Census Bureau predicts.

DIGITAL PHOTOS & VIDEO:	<ul style="list-style-type: none"> JPG photos of Jill C. Hreben, president and CEO; <i>Avalon</i> by Otterbein exteriors; elders and family in great room; and elders dining available upon request.
ABOUT:	<p>Otterbein Retirement Living Communities, founded in 1912, is a health and human service ministry, serving nearly 2,000 people. The non-profit organization's five full-service Avalon retirement communities cater to those 55 and older in western and northern Ohio. Otterbein's rich heritage and solid reputation have made it a trusted and valuable resource not only in Ohio, but nationwide. Additional information regarding Otterbein Retirement Living Communities and Avalon by Otterbein is available at www.otterbein.org.</p>

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